



The JOMA Project 2007 Project Outline

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This edition of the outline is a condensed form of *The JOMA Project 2007 Project Proposal*, published in English and available upon request.

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Executive Summary

The HIV/AIDS pandemic remains one of the most serious hurdles to social and economic development in Mozambique. In sub-Saharan Africa 75% of young people infected are women and girls. Every year the number and proportion of women living with HIV increases in Mozambique, due in large part to social inequality between the sexes. Gender power imbalances within the social fabric of communities create a fundamental inequality within relationships, perpetuating sexual behaviors unhealthy for both men and women.

Building on the success of the JOMA Project 200, the JOMA Project 2007 continues to confront the complex social issues that lie at the heart of the HIV/AIDS epidemic in Mozambique by training young Mozambican men to think critically about gender roles in their society and to make conscious choices that lead to a healthy lifestyle. At the JOMA National Training, Peace Corps Volunteers teaching in Mozambican secondary schools will work with counterpart teachers and students to develop knowledge of gender theory, critical thinking, and life skills. Students will learn to communicate through theatre, print and broadcast journalism, documentary photography, or public murals, while teachers will develop the capacity to implement these communications skills in microprojects.

The JOMA Project will support the formation of school-based JOMA clubs with technical training and microgrants. By combining training in gender theory with innovative school- and community-based microprojects, the JOMA Project will incite new discussion and debate in participants' schools and communities and disseminate culturally relevant HIV prevention messages. Project successes will be shared among participants and partner organizations through a printed JOMA Project Yearbook and through the JOMA Project website, <http://joma.pcmoz.org>.

1. Project Goals

Develop Critical Thinking Skills

Participants will learn to think critically about ...

- ...gender in Mozambique: traditional gender roles, assumptions about differences between the sexes, and myths and taboos that result from these assumptions.
- ...Mozambican society's definition of masculinity and participants' personal definitions of masculinity.
- ...how imbalanced gender roles lead to behavior unhealthy for both men and women and promote the spread of HIV/AIDS.
- ...the impact of HIV/AIDS on participants' lives and their communities, and how stigma and silence worsen the impact.

Develop Life Skills

Participants will develop skills in...

- ...communication: responding to peer pressure, opening dialogue with peers, and negotiating healthy behavior in relationships.
- ...maintaining self-esteem in environments where healthy behavior is unpopular.
- ...planning for the future: staying in school, pursuing a career, planning for a family.
- ...maintaining healthy sexual behaviors: delaying sexual debut, practicing fidelity, using prophylactics.

Educate

Participants will expand their knowledge of...

- ...sexual health and sexually transmitted infections (STI's).
- ... the biological aspects of HIV/AIDS: how it affects the immune system, methods of transmission, how the disease progresses, and available treatments.
- ...the epidemiological aspects of HIV/AIDS: how it spreads throughout Mozambique and southern Africa and how it affects the social structure and economic development of Mozambique.

Develop Project Development and Management Skills

Participating teachers will develop the skills to...

- ...develop a complete project plan: mission, goals, activities, timeline, division of responsibility, and budget.
- ...manage a project in a participatory manner, leading students through activism activities in their schools and communities.
- ...facilitate group sessions that develop students' critical thinking skills and life skills.
- ...design and implement a system of project monitoring and evaluation, and fulfill donor reporting requirements.

Disseminate Key Messages

Communications microprojects will...

- ...raise awareness of the link between inequality between the sexes and the spread of HIV.
- ...promote positive HIV prevention messages in students' schools and communities.
- ...be documented and published in periodic JOMA reports, a JOMA yearbook, and on the JOMA website: <http://joma.pcmoz.org>.

National AIDS Council Strategic Plan II 2005-2009

It is important that the JOMA project work within the context of the national AIDS strategy. The JOMA project meets the following goals set forth in the second revision of the Mozambique National AIDS Council's Strategic Plan:

I. Prevention

1. Extension of the "Window of hope."
2. Reduction of the number of HIV infections in the population in general, and the age group of 15-24 years in specific.
3. Improve general knowledge about HIV/AIDS and reduce the verified difference in infection rates between genders.

II. Advocacy

Participation of the whole of society in advocacy to fight against HIV/AIDS.

2. JOMA Project 2007 Calendar

Month	Activities
January	Deliver 1 st Trimester Activity Packet to potential Peace Corps Volunteer participants.
February	Volunteer teachers invite colleagues to join in running school-based JOMA Club. Volunteer and counterpart teachers solicit approval from school directors to carry out club activities. Volunteer and counterpart teachers announce club formation, recruit both young men and women. 2 nd -Year JOMA Clubs compile example works from 2006.
March	1 st Week: Northern provinces submit student and counterpart names, microproject themes, and signed contracts. 3 rd Week: Central and Southern provinces submit names, microproject themes, and signed contracts JOMA Clubs finalize pre-training homework.
April	15 to 22 April: Week (approx.): National JOMA Training. 28 April: Microproject budgets due.
May	1 st Week: Commence critical thinking and life skills activities; Microproject funds approved and deposited.
June	1 st Week: Monthly report due.
July	1 st Week: Monthly report due.
August	1 st Week: Monthly report due.
September	1 st Week: Monthly report due. 2 nd Week: Monitoring visits to all participating schools.
October	1 st Week: Final reports due, with receipts. 3 rd Week: Distribute JOMA 2007 yearbooks.

3. JOMA 2007 National Training - Program

Teacher-Only: ○ Student-Only: ◇

	Saturday: Arrival	Sunday: Opening, Micro-projects	Monday: Micro-projects	Tuesday: Micro-projects	Wednesday: Gender and cultural norms	Thursday: Gender and cultural norms	Friday: Gender and HIV/AIDS	Saturday: Closing			
7:00	7:00-8:00 Breakfast										
8:00	Until 17h: Arrival of participants	Opening Games	MP Trainings per theme	MP Trainings per theme	◇ HIV Info. session and discussion with guest physician.	○ RUI - Gender	◇ RUI - Gender	○ Intensive (participatory!) PDM training Development of SMART objectives	◇ RUI Applying gender norms to HIV/AIDS prevention - strategies, responsibilities and goals. Applying gender & HIV in microprojects	○ PDM: Monitoring	Departure
9:00		Overview of program: <ul style="list-style-type: none"> Goals for the week Overview of project Student, prof., PCV roles and responsibilities Introduction of Trainers 									
10:00		10:00-10:15 Snack									
10:15		MP Trainings per theme	MP Trainings per theme	MP Trainings per theme	◇ RUI - Gender Review of TPC graphics	○ HIV Info. session & discussion with guest physician.	◇ RUI - Gender	○ Presentation by former teachers regarding troubleshooting and ideas	◇ HIV Information session and discussion with guest physician.	○ PDM: budgeting	
12:00		12:00-13:00 Lunch									
13:00		MP Trainings per theme	MP Trainings per theme	MP Trainings per theme	Lunch: 13:30-14:15 BEACH: 14:15	◇ RUI - Gender	○ PDM	Wrap up with Rui & JOMA Council			
15:00		15:00-15:15 Break									
15:15		MP Trainings per theme	MP Trainings per theme	MP Trainings per theme Development of step-by-step process for MP implementation; assisted by 2 nd year teachers	BEACH	◇ RUI - Gender	○ PDM	16:00 Closing Games... Presentation of Certificates Slide show			
17:30		free time	free time	free time		Joint planning: Teachers and student draft tarefas/acções tabela.					
18:00-19:00 Dinner											
19:00		"Getting to know you" activities	Soccer	Talent Show practice / MPEC	Evening gender activity	Joint planning	Talent Show/Party				
22:00 Lights Out											